



# LEAP INTO WELLNESS

Safety, Health and Wellness Conference  
geared towards students of all ages and families

February 29, 2020 from 8:30 a.m. to 12:30 p.m.

GCISD Professional Development and Education Center  
5800 Colleyville Blvd, Colleyville, TX 76034



More than 40  
sessions on safety,  
nutrition, physical  
and mental  
wellness

Self Defense  
taught by Grapevine  
Police Department

Identity Theft  
Awareness  
taught by  
Colleyville Police  
Department

**FREE ADMISSION**  
Snacks and drinks  
provided

Parent Culinary  
Academy/Chef  
Demonstration

PHI Med 10  
helicopter  
demonstration

GCISD Standard  
Response Protocol  
presentation

Technology  
Addiction/ Anxiety

Vaping  
presentations

